



மனோன்மணியம் சுந்தரனார் பல்கலைக்கழகம்
MANONMANIAM SUNDARANAR UNIVERSITY

**SYLLABUS FOR DIPLOMA IN OCCUPATIONAL THERAPY
PROGRAM OFFERED THROUGH DIRECTORATE OF VOCATIONAL
EDUCATION (COMMUNITY COLLEGES AND VOCATIONAL SKILL DEVELOPMENT
CENTRES) FROM 2019 - 2020**



கல்விசார் நிலைக்குழுக் கூட்டம்

**MEETING OF THE STANDING COMMITTEE ON
ACADEMIC AFFAIRS HELD ON WEDNESDAY
THE 22nd JANUARY 2020**

DIPLOMA IN OCCUPATIONAL THERAPY

தொழில்சார் சிகிச்சையில் பட்டயம்

SCHEME OF EXAMINATION

Subject code	Title of the Course	Credit	Hours	Passing Minimum
Semester I				
C19OT11/E19OT01	Foundations of Occupational Therapy	6	90	40/100
C19OT12/E19OT02	Occupations across the Lifespan	6	90	40/100
C19OT13/E19OT03	Psychosocial Occupational Therapy	6	90	40/100
C19CE10/E19CE10	Communicative English	6	90	40/100
C19OTP1/E19OTP1	Practical I	4	120	40/100
Semester II				
C19OT21/E19OT04	Basic Patient Counselling Skills	6	90	40/100
C19OT22/E19OT05	Treatment approaches and models in Occupational Therapy	6	90	40/100
C19LS23/E19LS05	Life skill	6	90	40/100
C19OT24/E19OT06	Occupational Therapy in mental health conditions	6	90	40/100
C19OTP2/C19OTP2	Practical II and Project	8	120	40/100

Eligibility for admission: Pass in 12thstd examination conducted by the Govt. of Tamil Nadu Board of Secondary Education, Government of Tamil Nadu or any other equivalent examination.

Examination: Passing Minimum for each Course is 40%. Classification will be done on the basis of percentage marks of the total marks obtained in all the Courses and as given below:

- 40 % but less than 50 % - Third class
 50 % but less than 60 % - Second class
 60 % and above - First class

Theory Paper

Internal Marks-25

External Marks-75

Syllabus**First Semester:-**

- Course I - Foundations of Occupational Therapy
 Course II - Occupations across the Lifespan
 Course III - Psychosocial Occupational Therapy
 Course IV - Communicative English
 Course V - Practical 1

Second Semester:-

- Course VI - Basic Patient Counseling Skills
 Course VII - Treatment approaches and models in Occupational Therapy
 Course VIII - Life Skill
 Course IX - Occupational Therapy in mental health conditions
 Course X - Practical II and Project

***(Semester Pattern for Community College Only)**

Semester – I
Course I

(C19OT11/E19OT01)Foundations of Occupational Therapy

Unit I Theoretical foundations of Occupational Therapy	18 Hrs
Unit II Role challenges and opportunities	18 Hrs
Unit III Skills and practices in Occupational Therapy	18 Hrs
Unit IV Community based Rehabilitation	18 Hrs
Unit V Occupational Science	18 Hrs

References:

1. Kielhofner, G. (2009). Conceptual foundations of Occupational Therapy Practice, 4th ed. F. A. Davis Company.
2. Duncan, E. A. S. (2011). Foundations for practice in Occupational Therapy, 5th ed. Elsevier.
3. Hagedorn, R. (1997). Foundations for practice in Occupational Therapy, 2nd ed. Elsevier.

Course II

(C190T12/E190T02)Occupations across the lifespan

Unit I **18 Hrs**

Introduction to Human Occupations
Definitions, Concepts, history and therapeutic values

Unit II **18 Hrs**

Occupational performance: Domains of concern
Self maintenance – productivity – schooling - leisure –play–sleep, rest and spirituality – occupational balance

Unit III **18 Hrs**

Occupational role development across the lifespan
Infancy and Childhood – Adolescence – Adulthood –Older Adulthood – towards the end of life

Unit IV **18 Hrs**

Principles and issues of treating people with developmental dysfunction

Unit V **18 Hrs**

Management of specific Occupation in people with developmental dysfunction

Required texts:

Bee, H.L., & Boyd, D. (2012). *Lifespan Development*. 6th Edition. New York, NY: Allyn & Bacon.

Crepeau, E. B., Cohn, E. S., Schell, B. A. B. (2009). *Willard and Spackman's occupational therapy* (11th ed). Baltimore, Maryland: Lippincott Williams & Wilkins.

Recommended texts:

Christiansen, C., & Baum, C. (1997). *Occupational therapy: Enabling function and well-being*. Thorofare, NJ: Slack.

Kramer, P., Hinojosa, J, & Royeen, C.B. (2003). *Perspectives in human occupation: Participation in life*. Philadelphia: Lippincott Williams & Wilkins.

Law, M., Naum, C., & Dunn, W. (2001). *Measuring occupational performance*. Thorofare: Slack.

Pain, H., McLellan, L., & Gore, S. (2002). *Choosing assistive devices: A guide for users and professionals*. London: Jessica Kingsley Publishers.

Watson, R., & Swartz, L. (Eds.) (2004). *Transformation through occupation*. Philadelphia: Whurr Publishers.

such as self care, social, play and school skills

Course III
(C19OT13/E19OT03) Psychosocial Occupational Therapy

Unit I: **18 Hrs**

Introduction

Definition – Nature – Characteristics – Scope of Practice

Unit II: **18 Hrs**

Psychological Theories and their Treatment Methods

Humanistic Perspective – Biological Perspective – Psychodynamic Perspective – Behavioral Perspective – Cognitive Perspective

Unit III: **18 Hrs**

Diagnosis and Dysfunction

Diagnosis and Psychopathology – Clinical Terminology of Diagnosis & Psychopathology – Psychiatric Intervention in the Era of Recovery

Unit IV: **18 Hrs**

Occupational Therapy Interventions in Mental Health

Assessment, Evaluation and Outcome Measurement – Use of Psychosocial methods and Interpersonal Strategies in Mental Health – Groups in Psychosocial Occupational Therapy

Unit V: **18 Hrs**

Specialized roles for Occupational Therapy in Mental Health

Occupational Therapy in Criminal Justice – in School Setting – in Vocational Programming – Substance Abuse and Occupational Therapy

References:

1. Cara, E., & MacRae, A. (2013). Psychosocial Occupational Therapy: An evolving practice, 3rd ed. Cengage Learning, India.
2. Stein, F., & Cutler, S. K. (2002). Psychosocial Occupational Therapy: A holistic approach. Thomson Learning.
3. Bruce, M. A., & Borg, B. (1993). Psychosocial Occupational Therapy: Frames of reference for interventions, 2nd ed. Slack Inc.

Course IV

(C19CE10/E19CE10)COMMUNICATIVE ENGLISH

1. **Basic Grammar:**

- a. Review of grammar
- b. Remedial study of grammar
- c. Simple sentence
- d. Word passive voice etc.

2. **Bubbling Vocabulary:**

- a. Synonyms
- b. Antonyms
- c. One – work Institution

3. **Reading and Understanding English**

- a. Comprehension passage
- b. Précis – writing
- c. Developing a story from hints.

4. **Writing English**

- a. Writing Business letters.
- b. Paragraph writing
- c. Essay writing
- d. Dialogue writing

5. **Speaking English**

- a. Expressions used under different circumstances
- b. Phonetics

Reference :

1. V.H.Baskaran – “English Made Easy”
2. V.H.Baskaran – “English Composition Made Easy”
(Shakespeare Institute of English Studies, Chennai)
3. N.Krishnaswamy – “Teaching English Grammar”
(T.R.Publication, Chennai)
4. “Life Skill” – P.Ravi, S.Prabakar and T.Tamzil Chelvam,
M.S.University, Tirunelveli.

Course V
(C19OTP1/E19OTP1)Practical – I

Semester - II
Course VI
(C19OT21/E19OT04)Basic Patient Counselling Skills

- UNIT I** **18 Hrs**
INTRODUCTION
Counselling Definition - Basic Counselling techniques – Basic Principles of Counselling –The Helping relationship – The helping process - Personal qualities of a Counsellor.
- UNIT II** **18 Hrs**
STRATEGIES THAT BUILD RAPPORT & CLIENT DIALOGUE
Attending & Encouraging – Restating – Paraphrasing – Reflecting – Perception Checking – Summarising
- UNIT III** **18 Hrs**
STRATEGIES THAT AID IN GATHERING INFORMATION & ENHANCING RELATIONSHIP
Asking questions – Probing – Self Disclosure – Confrontation – Communication skills
- UNIT IV** **18 Hrs**
INTERVENTION & TERMINATION SKILLS
Training patients in Relaxation – Coaching, Demonstrating and Rehearsing – Improving patient’s Self Talk
- UNIT V** **18 Hrs**
ISSUES IN COUNSELING CHILDREN
Serving Special Populations: Use of Creative Techniques –cultural issues – exceptional and other special population of children

Reference Books:

1. **Practical Counselling & Helping Skills.** By Richard Nelson-Jones. 5th Edition, 2005, Sage Publications
2. **Basic Counselling Skills – A Helper’s Manual.** By Richard Nelson-Jones. 2nd Edition, 2008, Sage Publications
3. **Introduction to Counselling – Texts & Activities.** By Richard Nelson-Jones. 2nd Edition, 2009, Sage Publications
4. **Counselling – Theory and Practice.** By Wayne Perry

Course VII
(C19OT22/E19OT05)Treatment approaches and models in
Occupational Therapy

Unit I- Treatment Approaches for Pediatric condition	18 Hrs
Unit II- Treatment Approaches for Psychiatric condition	18 Hrs
Unit III- Treatment Approaches for Neuro condition	18 Hrs
Unit IV- Treatment Approaches for Orthopedic conditions	18 Hrs
Unit V- Treatment Approaches for Cardio respiratory condition	18 Hrs

Reference Books:

1. Turpin, M., & Iwama, M. (2011). Using Occupational Therapy models in practice. Elsevier.
2. Reed, K. I. (1984). Models of practice in Occupational Therapy. Williams & Wilkins.
3. Ikiugu, M. N. (2007). Psychosocial conceptual practice models in Occupational Therapy: Building adaptive capability. Elsevier.
4. Dunbar, S. B. (2007). Occupational Therapy models for intervention with children and families. SLACK

Course VIII
(C19LS23/E19LS05)Life Skill

I Life Coping or adjustment

- (a) External and internal influence in one's life
- (b) Process of coping or adjustment
- (c) Coping with physical change and sexuality
- (d) Coping with stress, shyness, fear, anger far live and criticism.

II Attitude

- (a) Attitude
- (b) Self acceptance, self – esteem and self actualization
- (c) Positive thinking

III Problem Solving

- (a) Goal Setting
- (b) Decision Making
- (c) Time Management and stress Management.

IV Computers

- (a) Introduction to Computers
- (b) M.S.Office
- (c) Power Point

V Internet

- (a) Introduction to internet
- (b) E – mail
- (c) Browsing

References:

- 1) Life Skill Programme course I & II by Dr. Xavier Alphona MCRDCE Publications. R.K.Mutt Road, Chennai – 28
- 2) ஆளுமை பண்பு வளர்த்தல் மற்றும் தகவல் தொடர்பு by M.Selvaraj Community College,Palayamkottai
- 3) “Life Skill” –P.Ravi, S.Prabahar & T.Tamil Chelvam, M.S. University, Tirunelveli

Course IX
(C19OT24/E19OT06)OCCUPATIONAL THERAPY IN MENTAL HEALTH
CONDITIONS

Unit I **18 Hrs**
Mental Health Examination
History -Mental status examination -Interpersonal/Intra personal/task -
behavior/projective technique

Unit II **18 Hrs**
Neuro Psychological tests
Commonly used tests. -Application in Occupational Therapy

Unit III **18 Hrs**
Common Psychiatric Conditions
Neuro psychiatric conditions -Childhood psychiatric conditions -Acquired
psychiatric conditions.

Unit IV **18 Hrs**
Investigative Procedures
Application in Occupational Therapy

Unit V **18 Hrs**
Frames of references
Occupation behavior frame of reference -Psychodynamic frame of reference -
Psychoanalytical frame of reference -Cognitive behavior frame of reference

Reference Books :

1. H. Hopkins & H. Smiths – Willard and Spackman’s Occupational Therapy – 8th edition.
2. M. Wilson – Occupational Therapy in Short Term Psychiatry 3rd edition.
3. M. Wilson – Occupational Therapy in Long Term Psychiatry – 3rd edition.
4. G.S. Fidler and J.W. Fidler – Occupational Therapy a communication process (1st edition.)
5. K.Reed – Quick reference to Occupational Therapy (Latest)
6. Creek J. – Occupational Therapy & Mental Health

Course X
(C19OTP2/C19OTP2)Practical – II and Project
